

During the pandemic, interest in gardening and collecting ornamental plants grew very rapidly. Aromatic herbs in pots have the potential to be used as indoor ornamental plants to be placed on kitchen windows, balconies or patios. Plants that are not too large are generally more desirable, especially for urban people who live in limited-sized apartments. Aromatic herbs are sold in supermarkets in America, Europe and Australia.

Menta, or mint (*Mentha piperita* L.) is a species of plant from the Lamiaceae family. Menta was developed to produce the essential oil 'menthol' which is abundant in the leaves and stems. The aroma of Menta leaves placed in the room is very refreshing. Menta leaves are consumed, giving a cold feeling from the menthol component, as we feel when chewing Mentos candy. Menta leaves are also used to give flavor to drinking water (infused water), in hot chocolate, and as a food freshener and decoration/garnish. Menta leaves can generally be picked continuously, except when the plant begins to flower (the taste and texture of the leaves change as the plant blooms). However, in tropical conditions Menta generally does not flower.



